



The person uses 40 N of force to push the box 8 m to the right. At the same time, the box experiences 6 N of friction.

- How much work was done by the person?
- How much energy must the person have used up to do the work?
- What form of energy did the person use to do the work?
- How much work was done by friction?
- How much Heat was generated?
- How much KE did the box gain?

$$a) W = F \Delta x = (40)(8) = 320 \text{ J}$$

$$b) 320 \text{ J}$$

$$c) \text{ Chem PE}$$

$$d) W = Fd = (6\text{N})(8\text{m}) = 48 \text{ J}$$

$$e) 48 \text{ J}$$

$$f) 320 \text{ J} - 48 \text{ J} = 272 \text{ J}$$

Energy
lost by
the doer
of the
work = **Work
Done** = Energy
gained
by the
one the
work
was
done on.

**Energy keeps moving
around when work is done.**

**In an isolated system, the total
energy stays constant.**

$$\mathbf{E_{earlier} = E_{later}}$$

Cutting out the middle man...

Using work, come up with specific equations for the three mechanical energies.

Gravitational PE (energy of height)

Kinetic E (energy of motion)

Elastic PE (energy of stretch/compression)

Gravitational PE (energy of height)

$$\mathbf{GPE = W_{lifting} = F \Delta y}$$

equal to the weight lifted

height lifted to

$$\mathbf{GPE = mgh}$$

Kinetic E (energy of motion)

$$\mathbf{KE} = \mathbf{W}_{\text{speeding up}} = \mathbf{F} \Delta \mathbf{x}$$

Force that causes
an acceleration

change in position

$$a = \frac{F}{m}$$

$$\mathbf{KE} = \mathbf{ma} \Delta \mathbf{x}$$

But wait, we can reduce this a bit...

$$\text{remember: } \mathbf{v}^2 = \mathbf{v}_i^2 + 2\mathbf{a} \Delta \mathbf{x} ?$$

assume it starts from rest

$$\mathbf{v}^2 = 2\mathbf{a} \Delta \mathbf{x}$$

$$\frac{\mathbf{v}^2}{2} = \mathbf{a} \Delta \mathbf{x}$$

$$\mathbf{KE} = \mathbf{ma} \Delta \mathbf{x}$$

$$\mathbf{KE} = \frac{\mathbf{mv}^2}{2}$$

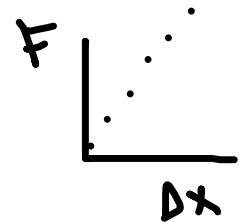
Elastic PE (energy of stretch/compression)

$$\mathbf{EPE = W_{stretching} = F \Delta x}$$

equal to the spring force

stretch

spring constant = slope = $k = \frac{F}{\Delta x}$



solve for F: $F = k(\Delta x)$

substitute back: $\mathbf{W = k(\Delta x)\Delta x}$

$$\mathbf{EPE = \frac{k(\Delta x)^2}{2}}$$

Gravitational PE (energy of height)

$$\text{GPE} = mgh$$

Kinetic E (energy of motion)

$$\text{KE} = \frac{mv^2}{2}$$

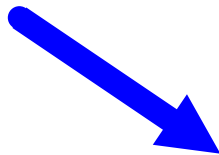
Elastic PE (energy of stretch/compression)

$$\text{EPE} = \frac{k(\Delta x)^2}{2}$$

The Heat Mob

Every time work is done, they'll extort some energy and convert it to heat.

Friction

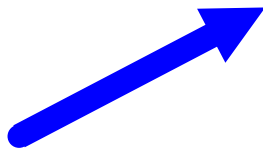


Drag



**Convert Mechanical
Energy to Heat**

Elastic



Imperfections

**Let's assume for now that no
Mechanical Energy is lost to
Heat.**



You throw a 2 kg ball straight upward at 30 m/s.

- How much kinetic energy did it have at the start?
- How much kinetic energy will it have when it reaches the top?
- How much gravitational PE will it have when it reaches the top?
- How high did it go above the start?

$$a) KE = \frac{mv^2}{2} = \frac{(2)(30^2)}{2} = 900 \text{ J}$$

$$b) KE = 0$$

$$c) GPE = 900 \text{ J}$$

$$d) GPE = mgh$$

$$900 = (2)(10)h$$

$$\frac{900}{20} = \frac{20h}{20}$$

$$45 \text{ m} = h$$



To load a spring loaded TPL you push a 0.1 kg dart in 0.2 m. The spring constant is 400 N/m

- How much Elastic PE will be stored in the TPL with it loaded and ready to go?
- How much Elastic PE will be stored in the TPL after you launch the dart?
- How much Kinetic E will the dart have after you launch?
- How fast does the dart launch?

$$a) E_{PE} = \frac{k(\Delta x^2)}{2} = \frac{(400)(0.2^2)}{2} = 8 \text{ J}$$

$$b) E_{PE} = 0$$

$$c) KE = 8 \text{ J}$$

$$d) KE = \frac{mv^2}{2}$$

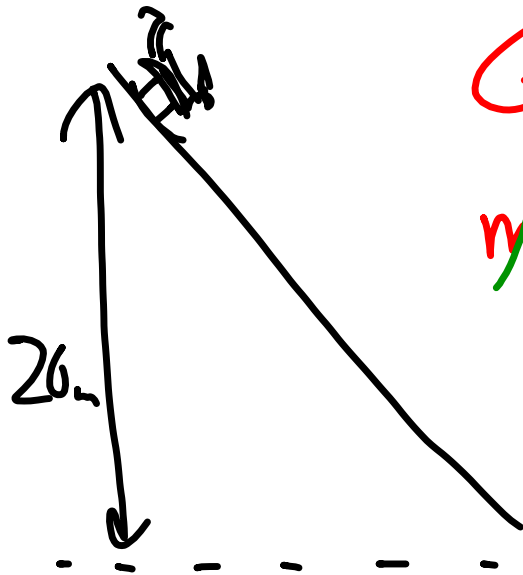
$$2 \cdot 8 = \frac{(0.1)v^2}{2} \cdot 2$$

$$\frac{16}{0.1} = \frac{0.1 v^2}{0.1}$$

$$160 = v^2$$

$$\sqrt{160} = v$$

$$12.6 \text{ m/s} = v$$



$$E_i = E_f$$
$$GPE = KE$$

$$mgh = \frac{mv^2}{2}$$

$$gh = \frac{v^2}{2}$$

$$2gh = v^2$$

$$2(10)(20) = v^2$$

$$400 = v^2$$

$$\sqrt{400} = v$$

$$20 \text{ m/s} = v$$